



# BIGHORN

## Middle School Packing List

### CLOTHING:

- 4-5 casual outfits that can all get dirty
- Sturdy tennis shoes
- Secure footwear with a heel strap for the river (no flip flops)
- Modest swimsuit
- Sunglasses (strap recommended for adventures)
- Hat
- Light jacket or sweatshirt
- Rain jacket

### BEDDING & TOILETRIES:

- Pillow
- Sleeping bag OR sheets and a blanket
- Towel
- Toiletries and personal hygiene items

### OTHER ITEMS:

- Small backpack
- Water bottle
- Bug spray
- Sunscreen
- Camera
- Carabiner
- Spending money for the camp store
- Medications\*
- Bible (we have extra if needed)
- Notebook and pen for journaling

\*All camper medications must come in a Ziplock bag with their name printed clearly and a list of dosage/instructions inside. Medications must come in the original container.